



PRESS RELEASE

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NETBALL SINGAPORE'S 21&U SQUAD RISE TO THE OVERSEAS CHALLENGE *Successful tour to UK provides vital preparation for FairPrice Foundation Nations Cup*

The 21&U netball squad are returning to Singapore this weekend after a successful tour to the United Kingdom where they faced stiff opposition in Wales and Northern Ireland.

During their ten-day trip, the squad of 12 players battled three of the Northern Irish age-group teams- U17, U21A & U21B – coming away with three wins from three.

They had a slow start in their opening match against the U17 side, a little over-excited from the occasion and over-thinking each move but they settled into their rhythm by the second quarter and held a comfortable 35-9 lead at the break.

They went on to win 68-20 with some strong attacking moves that they took forward into their two following matches against their U21 opposition which they won 45-27 against their 'B' team and 53-37 against the 'A' selection.

Across the water in Wales, they faced some tougher U21 opponents on two occasions with a match against the U19 team in between. They went down 34-49 in their first match but bounced back to defeat the U19s 43-39. This boosted their confidence and went out firing in their final match of the tour and second against the U21s, losing by only six goals to this time (40-46).

Commenting on the importance of this experience for the girls, National Coach Kate Carpenter said, "One of the challenges of the FairPrice Foundation Nations Cup is the lack of international match practice prior to the tournament. It's very hard to simulate the

demands of competition in a training only environment. This tour has been extremely valuable for the 21&U athletes and especially those that will make the Nations Cup Team.”

The players and support staff received wonderful hospitality and friendship throughout their tour and played with pride as they represented Singapore.

Selection for the Nations Cup squad will be announced on 18 November so those players on tour have a chance to shine and show how much it has benefitted them.

From 5-11 December six nations will battle it out at the Toa Payoh Sports Hall for the sixth edition of the FairPrice Foundation Nations Cup with every player eager to get the opportunity to play in front of a home crowd.

Jean Ng and Lin Qingyi are co-captains of the squad and will look to share their knowledge and experience with the new recruits.

TICKETS ON SALE NOW from Netball Singapore.

21&U Squad:

1. Cassandra Soh
2. Charmaine Soh (Vice Captain)
3. Yu Meiling
4. Farah Sakina
5. Nurual Baizura (Captain)
6. Shelby Koh
7. Suhailah Kariman
8. Kwok Shuyi
9. Cheryl Ann Lee
10. Sharon Wong
11. Koh Hin Ann
12. Melody Teo

-END-

About Netball Singapore:

Netball Singapore is the national body for netball in Singapore. It is a well-established organisation, which has progressed dramatically since it commenced in 1962. It has become a professionally run National Sport Association which generates a proportion of its expenditure through sponsorship and other streams of revenue-generation. The association supports 68 multi-team club members and over 330 schools have netball in their curriculum.

Our mission is to encourage, promote and develop netball in Singapore. Singapore successfully hosted the World Netball Championships in July 2011 and are currently ranked 21st in the World.

For more information on Netball Singapore, log onto: www.netball.org.sg

Facebook: Netball Singapore

Twitter: Netball_SG

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